

25m POOL

Times listed are start times for row.

	MONDAY								TUESDAY								WEDNESDAY								THURSDAY								FRIDAY								SATURDAY								SUNDAY															
5.30am	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	CLOSED																							
6.00																																									NOTE: SCHOOL HOLIDAYS RESULT IN 50/50 LAP LANES AND RECREATIONAL LANES FROM 7:30AM – 6PM																							
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8.00	Due to regular bookings, Public Swimming will Finish from 6:30pm Mon-Thurs, and 5:30pm Friday. Thank you																																																															
	SEA-LYONS LTS								LAP LANES ONLY								RECREATIONAL SWIMMING LANES								BURNIE MASTERS								SEA-LYONS FITNESS Rec area still available								B.A.S.C								S.A.S															

BOOKINGS ARE SHOWN AT TIME OF PRINTING AND ARE SUBJECT TO CHANGE. CASUAL BOOKINGS AND OFF THE STREET ENTRIES ARE UNABLE TO BE PREDICTED.
School based learn to swim is undertaken between the hours of 9am & 2.30 pm at varying intervals throughout the school term.



Lane Etiquette



To Ensure a Better Swimming Experience for Everyone

Choose the Correct Lane

- Our signs are labelled Slow/Medium/Fast. Observe the lanes before choosing the one to best match your speed.

Keep Left

- Always swim to the left of the black line to avoid collision between swimmers.
- Stand in the left-hand corner of the lane during rest periods to allow other swimmers to turn on the center of the wall.

Sharing a Lane = Swim Freestyle

- Short drills involving other strokes are ok if kept to a minimum, be mindful of others when doing so.

Passing/Letting Swimmers Through

- If you catch a slower swimmer, turn ahead of the swimmer while they are at the wall.
- If a faster swimmer catches you, you should stop briefly at the next end and let them past.
- If you are regularly being overtaken or overtaking other swimmers, please move to a lane more appropriate to your speed.

PLEASE DO NOT BE OFFENDED IF A LIFEGAUARD ASKS YOU TO MOVE LANES. OUR LIFEGUARDS ARE HERE TO ASSIST YOU. **IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE FEEL FREE TO ASK US**